

Today I

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Today I won at life

WWW.PCC.LIFE
MOTIVATIONAL COACH

Place this somewhere you
will see it at the end of
each day.

Take 2 minutes to reflect on
what you have accomplished
today.

Let go of any thoughts that
come up of what you
haven't...

Focus and take a moment of
gratitude and realization
for all that you **HAVE DONE!**